



Nitrous Pre-Operative Instructions

Please follow the instructions below related ONLY to the use of nitrous oxide (commonly referred to as 'laughing gas' or 'happy air') for your scheduled treatment appointment.

PLEASE DISREGARD IF YOUR APPOINTMENT IS SCHEDULED FOR A ROUTINE CLEANING OR SIMPLE ORTHODONTIC VISIT. THIS MESSAGE IS ONLY INTENDED FOR PATIENTS RECEIVING NITROUS OXIDE FOR TREATMENT. If you have any questions, please call our office prior to your visit.

General instructions:

- **Please ensure your child does NOT eat or drink anything (including water) for 3 hours prior to their dental treatment.** A sip of water is allowed to take normal medications.
- Your mouth and teeth should be clean prior to treatment. Please ensure your teeth are brushed and flossed before your scheduled appointment.
- Patients under 18 years must be accompanied by a parent or legal guardian.
- Patients should wear comfortable, loose fitting clothing.
- If you are taking prescription medications, you may take them on their regular schedule with a small sip of water. If you have any questions regarding a specific medication type, please contact our office or your medical doctor for specific instructions.